

St Mark's Parish

Sunday 19 February 2023
Seventh Sunday in Ordinary Time

LOVE
YOUR ENEMIES



You Tube

WATCH
TODAY'S
YOUTUBE
KIDS GOSPEL

[https://
youtu.be/
nFQiFSzHe-g](https://youtu.be/nFQiFSzHe-g)

Ash Wednesday



This coming Wednesday is Ash Wednesday, which is the first day of Lent. Lent is a special time in which we prepare to celebrate Jesus' death and resurrection on Good Friday and Easter Sunday.



Lent is a time of repentance. We make sacrifices and try to improve our lives to become more like Jesus. Jesus never sinned but He gave up His life to pay for our sins. That is why we make sacrifices—out of love for God and to make up for our sins. We offer our sacrifices to God the Father, just as Jesus on the cross offered up His life to God the Father.

On Ash Wednesday if you go to Mass you can receive ashes on your forehead. The ashes are a sign of repentance. They remind us that without God we are nothing and that someday we will die and be buried. But they can also remind us that if we do have God living in us, after we die we will rise from the dead, just as Jesus did on Easter, after He died on the cross.



Children's Liturgy

True or False:
What did Jesus say?

*How does Jesus tell us we should act toward others?
Which of these are true and which are false?*



1. When someone hits you on one cheek, you should hit them back.
True or False?

2. If someone tries to take your coat, you should give them your tunic as well. True or False?



3. If someone makes you walk a mile with them, you should walk two miles.
True or False?



4. If someone asks for something, you shouldn't lend it to them, since they might not give it back.
True or False?

5. You should love your friends and hate your enemies. True or False?



6. You should love your enemies and do good to the people who hate you.
True or False?



7. You should be perfect as our Heavenly Father is perfect.
True or False?

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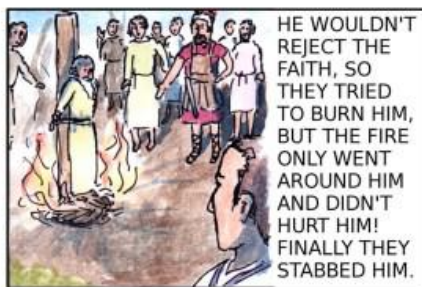
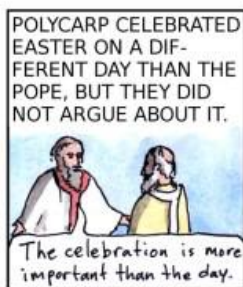
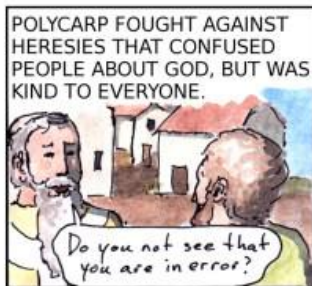


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*What did Jesus tell the people
in today's Gospel reading?
Use the code to find out!*

Saint Polycarp

February 23



SAINT POLYCARP HELD ONTO HIS FAITH EVEN WHEN HE WAS VERY OLD. HE WOULDN'T EVEN GIVE UP ON JESUS WHEN HE WAS FACED WITH TORTURE. MOST OF US WON'T HAVE TO CHOOSE BETWEEN KEEPING OUR FAITH AND GETTING KILLED, BUT WE STILL HAVE TO BE BRAVE TO STAY TRUE TO JESUS IN THE WORLD.



St Mark's Catholic Parish

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