

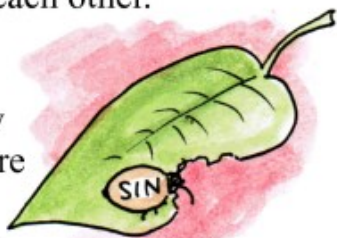


# the kingdom of heaven



In today's Gospel reading Jesus tells us about the Kingdom of Heaven. Heaven isn't just where we will go when we die if we were good. Jesus was telling us that Heaven grows in our hearts when we choose to love God and each other.

Our Lord compares the Kingdom of Heaven to plants that grow up from little seeds. When we were baptized we received the gift of Faith. When we receive the other sacraments, especially Holy Communion, the Faith grows in us, like a plant that has water and sunshine. If we sin it's like little bugs or sickness that start to kill the plant. Confession will take those away so that our Faith can grow again.



How can you help the Kingdom of Heaven to grow in you? Going to Mass and receiving Holy Communion whenever you can, and going to Confession often are the best ways. Praying every day and learning about the Faith and about the saints will also help the Kingdom of Heaven to grow in your heart like a strong, healthy plant!





# A Kingdom of God Word-Find



"The KINGDOM of GOD is as if a MAN should SCATTER seed upon the GROUND, and should SLEEP and RISE NIGHT and DAY, and the SEED should SPROUT and GROW, he KNOWS not how. The EARTH PRODUCES of itself, first the BLADE, then the ear, then the full GRAIN in the ear. But when the grain is RIPE, at once he puts in the SICKLE, BECAUSE the HARVEST has come."



S S E E D B L A D E  
L C G O D G R I P E  
E A R T H K N O W S  
E T A R R I S E O I  
P T I W I N N O H C  
U E N N I G H T A K  
G R O U N D R H R L  
R E S P R O U T V E  
O D A Y A M R T E M  
W P R O D U C E S A  
B E C A U S E S T N



*Find the words in CAPITALS in this part of today's Gospel reading in the puzzle. Use the left-over letters to fill in the blanks at the end.*

The Church helps our love for God to

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## *How do I receive Communion well?*

1. Be ready! Think about what is going to happen. Make sure that you don't have any big sins on your soul. If you do, then go to confession first.

2. Don't eat or drink anything other than water or medicine for an hour before going to Holy Communion. This is a sign of respect for Our Lord.

3. After receiving Holy Communion, take some time to thank Jesus for coming to you and talk to Him. He is your best friend and loves spending time with you!



## CAN YOU GENUFLECT?



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