

# THE MOST HOLY BODY AND BLOOD OF CHRIST - YEAR B

## How do I receive Communion well?

1. Be ready! Think about what is going to happen. Make sure that you don't have any big sins on your soul. If you do, then go to confession first.

2. Don't eat or drink anything other than water or medicine for an hour before going to Holy Communion. This is a sign of respect for Our Lord.

3. After receiving Holy Communion, take some time to thank Jesus for coming to you and talk to Him. He is your best friend and loves spending time with you!



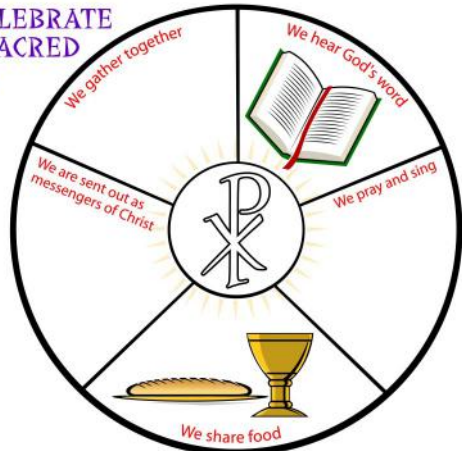
**WATCH  
TODAY'S  
YOUTUBE  
GOSPEL STOREY**

**You Tube**

[https://youtu.be/  
yqKXcOrb2f0](https://youtu.be/yqKXcOrb2f0)

### WE CELEBRATE THIS SACRED MEAL

Draw some  
of the  
things  
we do  
at mass.



# St Mark's Parish Children's Liturgy

# *The Body and Blood of Our Lord*



Today we celebrate the feast of the Body and Blood of Our Lord in the Holy Eucharist.

At the Last Supper, Jesus changed bread and wine into His own Body and Blood. He has the power to do this because He is God. He did this because He wanted to stay with us even after He died and went into Heaven.

Jesus comes to us in every Mass. The priest takes the place of Jesus, saying the words that Jesus said at the Last Supper, and the bread and wine become the real Body and Blood, Soul and Divinity of Jesus even though they still look like bread and wine.



# Body and Blood of Christ

## Word-Find



M H Y B M A N Y O U L  
 S O U L A S T C C O D  
 R L D O S U H O H G I  
 P Y A O S P I M R I V  
 O B O D Y P S M I V I  
 U R N R J E S U S E N  
 R E D I M R Y N T N I  
 E A T N G O W I N E T  
 D D D K M E M O R Y Y  
 C H A L I C E N G O D



See if you can find all the words written in CAPITALS.

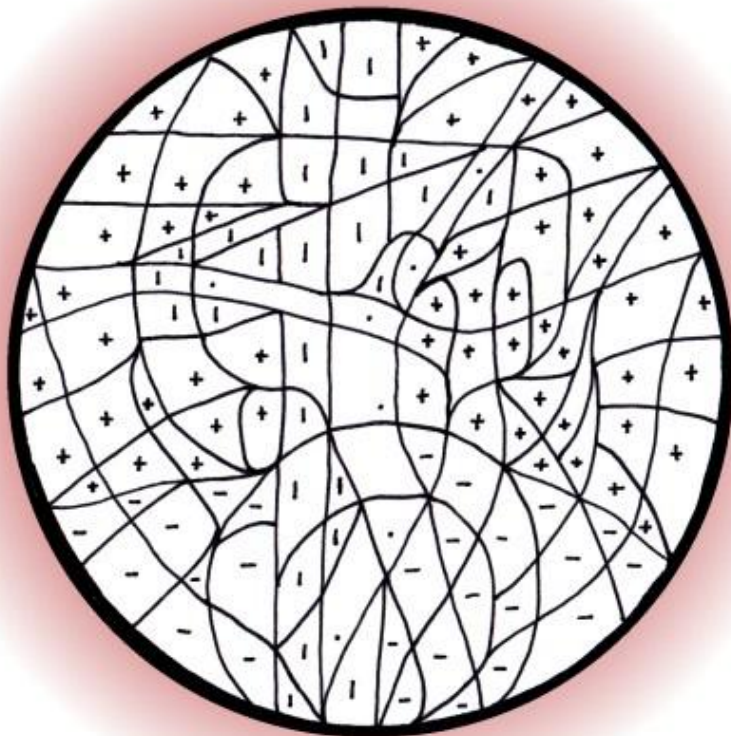
Use the left-over letters to fill in the blanks to make a little prayer you can say at Mass!

At the LAST SUPPER, after he had GIVEN thanks, JESUS took BREAD and said, "Take and EAT. THIS is my BODY." Then, taking the chalice of WINE, he said, "Take this, all of YOU, and DRINK from it. This is the CHALICE of my BLOOD, the blood of the new and everlasting covenant. It will be POURED out for you and for MANY for the forgiveness of sins. Do this in MEMORY of me."

That was the first MASS. When you go to HOLY COMMUNION, you really receive the Body, Blood, SOUL and DIVINITY of CHRIST, who is GOD!



----- !



*What does the bread become when the priest  
consecrates it at Mass?*

*Use the colour code to find out:*

- grey
- skin colour
- | brown
- + blue



**St Mark's Catholic Parish**

33 Tranmere Street, Drummoyne NSW 2047

Website: [www.stmarksdrummoyne.org.au](http://www.stmarksdrummoyne.org.au)