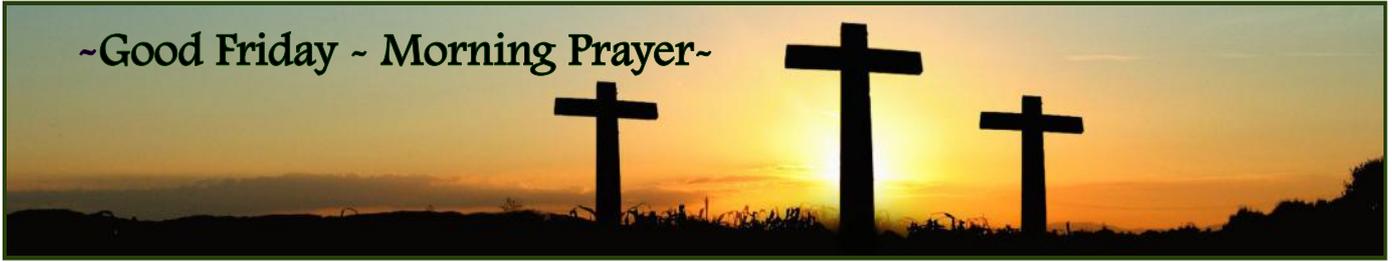




St Mark's Parish

www.stmarksdrummoyne.org.au

~Good Friday ~ Morning Prayer~



Good Friday celebrated the Friday before Easter is a time of reflection and devotion for Christians around the world. We commemorate the crucifixion and death of Jesus on this day. **Celebrated since 100 AD as a day of fasting, Good Friday acquired significance as a Christian holy day in the late fourth century.** Abstinence from meat, and fasting, must be observed on Ash Wednesday and Good Friday. All who have completed their eighteenth year and have not yet begun their sixteenth year are bound to fast. All who have completed their fourteenth year are bound to abstain.

Introduction

Leader: Lord, open our lips.

Response: **And we shall praise your name.**

Hymn

Gall he drinks; his strength subduing,
Reed and thorn and nail and spear
Plot his gentle frame's undoing;
Blood and water thence appear,
With their cleansing tide renewing
Earth and sea and starry sphere.
Hail, true cross, of beauty rarest,
King of all the forest trees;
Leaf and flower and fruit thou bearest
Medicine for a world's disease;
Fairest wood, and iron fairest
Yet more fair, who hung on these.
Bend thy branches down to meet him,
Bend that stubborn heart of thine;
Let thy native force, to greet him,
All its ruggedness resign;
Gently let thy wood entreat him,
Royal sufferer, and divine.
Victim of our race, he deigned
On thy arms to lay his head;
Thou the ark, whose refuge gained,
Sinful man no more may dread;
Ark, whose planks are deeply stained
With the blood the Lamb hath shed.
Honour, glory, might and merit
To the eternal Trinity,
Father, Son and Holy Spirit,
Throned in heaven co-equally;
All that doth the world inherit,
Praise one God in Persons three.

Psalm 50 (51)

God, have mercy on me

"You must be made new in mind and spirit, and put on the new nature of God's creating" (Eph 4:23,24).

Antiphon:

God did not spare his own Son, but gave him up for us all.

Have mercy on me, God, in your kindness.

In your compassion blot out my offence.

O wash me more and more from my guilt
and cleanse me from my sin.

My offences truly I know them; my sin is always before me.

Against you, you alone, have I sinned;

what is evil in your sight I have done.

That you may be justified when you give sentence

and be without reproach when you judge,

O see, in guilt I was born, a sinner was I conceived.

Indeed you love truth in the heart;

then in the secret of my heart teach me wisdom.

O purify me, then I shall be clean;

O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,

that the bones you have crushed may revive.

From my sins turn away your face and blot out all my guilt.

A pure heart create for me, O God,

put a steadfast spirit within me.

Do not cast me away from your presence,

nor deprive me of your holy spirit.

Give me again the joy of your help;

with a spirit of fervour sustain me,

that I may teach transgressors your ways

and sinners may return to you.

O rescue me, God, my helper,

and my tongue shall ring out your goodness.

O Lord, open my lips and my mouth shall declare your praise.

For in sacrifice you take no delight,

burnt offering from me you would refuse,

my sacrifice, a contrite spirit.

A humbled, contrite heart you will not spurn.

In your goodness, show favour to Zion:

rebuild the walls of Jerusalem.

Then you will be pleased with lawful sacrifice,

holocausts offered on your altar.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Antiphon:

God did not spare his own Son, but gave him up for us all.

Canticle Habakkuk 3

The Lord will appear in judgement

"Lift up your heads, for your redemption is near at hand" (Lk 21:28).

Antiphon:

Jesus Christ showed his love for us and freed us from our sins with his life's blood.

Lord, I have heard of your fame,
I stand in awe at your deeds.
Do them again in our days,
in our days make them known!
In spite of your anger, have compassion.

God comes forth from Teman,
the Holy One comes from Mount Paran.
His splendour covers the sky
and his glory fills the earth.
His brilliance is like the light,
rays flash from his hands;
there his power is hidden.

You march out to save your people,
to save the one you have anointed.
You made a path for your horses in the sea,
in the raging of the mighty waters.

This I heard and I tremble with terror,
my lips quiver at the sound.
Weakness invades my bones,
my steps fail beneath me
yet I calmly wait for the doom
that will fall upon the people who assail us.

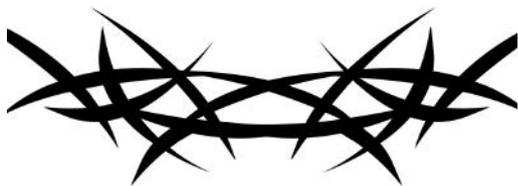
For even though the fig does not blossom,
nor fruit grow on the vine,
even though the olive crop fail,
and fields produce no harvest,
even though flocks vanish from the folds
and stalls stand empty of cattle,

Yet I will rejoice in the Lord
and exult in God my saviour.
The Lord my God is my strength.
He makes me leap like the deer,
he guides me to the high places.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon:

Jesus Christ showed his love for us and freed us from our sins with his life's blood.



Psalm 147 (147B)

God, the foundation of Jerusalem

"Come, and I will show you the bride that the Lamb has chosen" (Rev 21:9).

Antiphon:

We venerate your Cross, Lord; we praise and glorify your holy resurrection. Because of the tree joy has come into the whole world.

O praise the Lord, Jerusalem!
Zion, praise your God!

He has strengthened the bars of your gates
he has blessed the children within you.
He established peace on your borders,
he feeds you with finest wheat.

He sends out his word to the earth
and swiftly runs his command.
He showers down snow white as wool,
he scatters hoar-frost like ashes.

He hurls down hailstones like crumbs.
The waters are frozen at his touch;
he sends forth his word and it melts them:
at the breath of his mouth the waters flow.

He makes his word known to Jacob,
to Israel his laws and decrees.
He has not dealt thus with other nations;
he has not taught them his decrees.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Antiphon:

We venerate your Cross, Lord; we praise and glorify your holy resurrection. Because of the tree joy has come into the whole world.

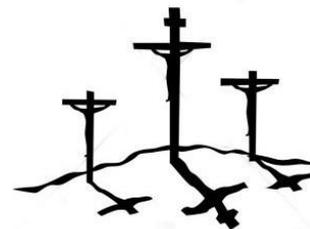
Short Reading Isaiah 52:13-15

See, my servant will prosper, he shall be lifted up, exalted, rise to great heights. As the crowds were appalled on seeing him – so disfigured did he look that he seemed no longer human – so will the crowds be astonished at him, and kings stand speechless before him; for they shall see something never told and witness something never heard before.

In place of the short responsory the following antiphon is said:

Antiphon:

Christ humbled himself for us, and, in obedience, accepted death, even death on a cross.



The Benedictus
The Canticle of Zechariah LK 1: 68-79

Antiphon:

**Over his head was placed the charge against him:
'This is Jesus, the Nazarene, the King of the Jews.'**

Blessed be the Lord, the God of Israel!
He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our
foes, we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

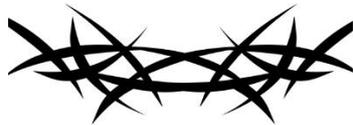
To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son and to the Holy
Spirit, as it was in the beginning, is now, and ever shall
be,
world without end. Amen.

Antiphon:

**Over his head was placed the charge against him: 'This
is Jesus, the Nazarene, the King of the Jews.'**



Hot Cross Buns. The familiar hot cross buns are sweet rolls with the sign of the cross cut into it, and they are one of several traditional European breads marked with a cross for Good Friday. According to tradition, these buns originated at St Alban's Abbey in 1361, where the monks gave them to the poor people who came there. (You may have your own recipe for sweet-rolls to which you can add currants or raisins before shaping and cut a cross in the top before baking; or you can buy them.) **These Good Friday buns** were very popular, and were sold by vendors who cried, Hot cross buns, Hot cross buns! One a-penny two a-penny, Hot cross buns! If you have no daughters, give 'em to your sons! One a-penny two a-penny, Hot cross buns!

Prayers and intercessions

Let us pray to our Redeemer, who suffered for us, was buried, and rose from the dead.

R/ Lord, have mercy on us.

Lord and master, for us you became obedient even to death; keep us faithful to God's will in the darkness of our lives.

R/ Lord, have mercy on us.

Jesus, our life, by dying on the cross you destroyed hell and death; grant that we may die with you and rise with you in glory.

R/ Lord, have mercy on us.

Christ, our king, you were the scorn of the people, a worm not a man; teach us to tread your path of humility.

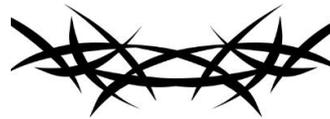
R/ Lord, have mercy on us.

Jesus, our Saviour, you laid down your life for your friends; let us love one another as you have loved us.

R/ Lord, have mercy on us.

Jesus, our hope, you stretched out your hands on the cross to embrace all ages of men; gather all God's scattered children into the kingdom of salvation.

R/ Lord, have mercy on us.



Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

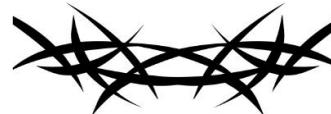
as we forgive those who trespass against us,

and lead us not into temptation,

but

deliver us from

evil.



Concluding Prayer

Be mindful, Lord, of this your family,

for whose sake our Lord Jesus Christ, when betrayed,
did not hesitate to yield himself into his enemies' hands
and undergo the agony of the cross.

Who lives and reigns with you in the unity of the Holy
Spirit, God for ever and ever.

Amen.



The Lord bless us, and keep us from all evil, and
bring us to everlasting life.

Amen.

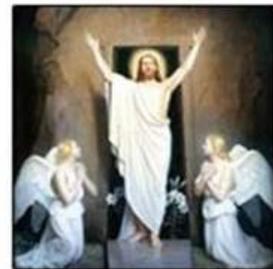
Easter Triduum



Holy Thursday



Good Friday



Easter Sunday

Good Friday

9.30am Morning Prayer followed by Stations of the Cross
3.00pm Celebration of the Passion of the Lord

Easter Saturday

9.30am Morning Prayers and blessing of the food baskets

Easter Masses

7.00pm Easter Vigil
7.00am Easter Mass & 9.00am Easter Mass
10.30am Easter Mass & 6.00pm Easter Mass

Attendance at all services requires pre-booking

<https://www.stmarksdrummoyne.org.au/book-a-mass-holy-week-easter/>

Eastertide for the sick and housebound

If you know of anyone who is sick or housebound and would like a visit or to receive Holy Communion or have their home blessed, please let us know.

Holy Saturday Blessing of the Food:

Baskets containing a sampling of Easter foods and eggs are brought to church to be blessed on Holy Saturday after Morning Prayer.

The tradition of food blessing at Easter, which has early-medieval roots in Christian society, possibly originated from a pagan ritual. The tradition is said to date from the 7th century in its basic form, the more modern form containing bread and eggs (symbols of resurrection and Christ) are said to date from the 12th century.



*Bring your basket to Holy Saturday
Morning Prayer 9:30am at St Mark's*

Genuflecting on Good Friday.

Should I genuflect to the tabernacle on Good Friday when I enter or leave the church?

From Good Friday after the 3pm Celebration of the Passion of the Lord we genuflect to the Cross.



St Mark's Catholic Parish

33 Tranmere Street, Drummoyne NSW 2047

Tel: (02) 9181 1795

Email: admin@stmarksdrummoyne.org.au

Parish Website: www.stmarksdrummoyne.org.au

Parish Office Hours: Monday to Friday 8:30am - 4:00pm

Closed Public Holidays

Parish Priest: Very Rev Fr Michael L McLean PP EV

Priest in Residence: Fr Denis Minns OP

Assistant Priest: Fr John Pham

Pastoral Associate: Sr Antonia Nedu ISR

Chairperson Parish Pastoral Council: Ms Celine Cheng

School Principal: Ms Rachel Bourke

- † You are required to Register to attend ALL MASSES on the parish website - numbers restrictions apply.
- † You are required to register when attending any event in the Parish Centre.
- † You will need to use the Services NSW QR Code to register when you enter the Church. A different QR code is used when you enter the Parish Centre.
- † You will need to have the Services NSW App on your phone.
- † Please help us by registering with your Smart Phone with the QR Code when you come to Mass or enter the Parish Centre.
- † We realise that some people do not have a Smart phone, contact the Parish Centre to register for Mass.
- † It is IMPORTANT that EVERYONE who enters the Church registers, QR Code and sanitisers.
- † Masks are no longer Mandatory however are highly recommended.
- † Please do not become complacent and make sure you continue to be vigilant.
- † Following ALL MASSES we ask for assistance in cleaning our pews and Church.

